FLINT PLUMBING AND PIPEFITTING FRINGE BENEFIT FUNDS

Flint Plumbing & Pipefitting Industry Health Care Fund Flint Plumbing & Pipefitting Industry Pension Fund Flint Plumbing & Pipefitting Industry Defined Contribution Plan Scholarship Fund of Flint Plumbing & Pipefitting Industry Supplemental Unemployment & Disability Plan of Local Union 370

Managed for the Trustees by: TIC MIDWEST

Dear Member/Retiree and Family:

We want to remind you about a recent enhancement to our current benefit plan. Since 3/1/2025, Ulliance has partnered with us to provide the Life Advisor Member Assistance Program (MAP).

The Life Advisor MAP is designed to help each member and/or covered dependents (spouse, live together partner, and children through the age of 26) cope with the many personal/work challenges that we all encounter from time to time. The MAP provides many services to meet your needs, which include short-term counseling, coaching, crisis intervention, community resources, legal and financial consultations, and identity theft protection.

Examples of areas of assistance include:

- Relationship and family concerns
- Death of a loved one
- Stress, anxiety, and depression
- Substance Abuse
- Eldercare or childcare referrals
- Financial or legal resources

The Ulliance Life Advisor Member Assistance Program is **confidential, and no cost** to members, retirees, spouses/partners, and covered dependents. To access services, including 24/7 crisis assistance, please call **1-800-448-8326**. **Visit Lifeadvisor.com** (or click the QR code at the bottom of the page) to learn more about the benefits, or to access on demand resources.

By partnering with Ulliance's program, we are ensuring that the best possible services are available to assist you and your family. It is our hope that you and your dependents take advantage of the services the Life Advisor MAP has to offer.

